

# CHAPTER SWEETHEART

## RESOURCES: BROTHERHOOD EVENT

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*The chapter sweetheart has the privilege to witness a chapter's brotherhood more closely than most non-members. Since she knows and understands the values of Sigma Chi, the sweetheart can also see qualities and traits of the brothers that not readily visible to all—and she can help foster the qualities in the brothers that create a stronger chapter. A great way to do this is with a brotherhood building activity. Below is an example of one activity a chapter sweetheart may lead to reveal the strength of her own chapter's brotherhood.*

### YOU WILL NEED

One Jenga game (the wooden blocks that construct a tower), and one large table

### HOW IT WORKS

You will need the full participation and open-mindedness of the chapter. This is a good activity to do during Initiation week or during a brotherhood weekend or retreat.

- 1.** The sweetheart gives each brother a Jenga block until all of the blocks are distributed. (For large chapters, more than one Jenga game may be used).
- 2.** One block at a time, the brothers begin to build the tower. As each block is placed in the tower, the brother must state a personal or trait he possesses that contributes to the brotherhood: Dependable, trustworthy, hard-working, studious, etc.
- 3.** Brothers continue to do this exercise until all of the blocks are stacked and the tower is completely constructed.

**4.** The sweetheart explains how this is the symbol of a strong chapter. It is made by the combined strengths of each brother.

**5.** The sweetheart will then ask the brothers to individually remove one block from the tower at a time, saying an action or behavior that damages their brotherhood (such as not living the Ritual, not paying dues, not recruiting based on values, not being dependable, etc). She should encourage them to use real issues facing the chapter.

**6.** When the tower looks like it is about to fall down, the sweetheart stops the exercise and explains how one issue may cause small damage, but multiple issues that go unresolved can cause serious damage and put holes in your brotherhood.

**7.** The sweetheart then will ask brothers to replace the wooden blocks into the tower until it is complete again. As each block is restored to the tower, the brother must say an action step to fix what the problems that have been mentioned.

**8.** The sweetheart wraps up the exercise by talking about how any damage to brotherhood can be fixed with the solutions they have mentioned.

*This exercise gives the brothers and the sweetheart an opportunity to recognize each brother for the contributions they make to the chapter, honestly exposes any issues that may need to be resolved and mentions action steps for how to strengthen brotherhood.*

